

Child's name:

Child's form:



Lunch Menu Lent Term 2018: _ Week 2: Weeks Commencing: 15/01, 05/02, 05/03, 26/03

	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	Chicken Tagine (chicken breast slow cooked with tomatoes, herbs and vegetables)	Fajitas (choice of tender pieces of chicken or beef and vegetables served in a soft tortilla wrap)	Roast beef & Yorkshire pudding with a rich beef gravy	Sweet & sour pork (served with vegetable fried rice and prawn crackers)	Battered cod goujons served with tartare sauce and lemon
Vegetarian	Vegetable pasta bolognaise served with garlic bread	Mild Thai vegetable curry (tender vegetables served in a mild coconut sauce served with rice)	Cauliflower gratin (florets of cauliflower served in a cheese sauce with a breadcrumb and cheddar crust)	Tomato & cheese pizza (a thin based pizza topped with sweet tomatoes, cheese and fresh herbs)	¼ Pounder vegetable burgers
Jacket Potato	Jacket potato	Jacket potato	Jacket potato	Jacket potato	Jacket potato
	Jacket potatoes served with a choice of tuna, cheese, baked beans and cold meats				
Potatoes/Rice/Pasta	Crispy potatoes	Herby potatoes	Roast potatoes	Potato wedges	Chips
Vegetables	Meals will be served with seasonal vegetables or salads				
Salad bar	A selection of seasonal salads				
Dessert	A selection of cakes and desserts to include creamy rice pudding	A selection of cakes, bakes and desserts	A selection of cakes and desserts to include homemade choc chip cookies	A selection of cakes, bakes and desserts	A selection of cakes and desserts to include Homemade vanilla iced muffins
	In addition there will also be a selection of yoghurts, jellies and a fresh fruit platter available				

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